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Case Report

Congenital Syphilis Like Many Years Ago

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This case concerns a premature infant with typical signs of congenital syphilis born to an untreated foreign mother. Syphilis prevalence in pregnant women has been rising in Italy since the beginning of the 21st century, mainly due to immigration. A correct antenatal syphilis screening and consequent adequate therapy of pregnant woman are fundamental to prevent the neonatal infection.

1. Introduction

Syphilis among pregnant women, and the consequent congenital syphilis (CS), are now reemerging in Italy, due to recent migration dynamics from Eastern Europe [1]. Congenital syphilis (CS) is mainly a consequence of the lack of antenatal care and control of sexually transmitted infections. The bedrock of the prevention of CS is the performance of syphilis serological screening during pregnancy, making appropriate treatment possible and preventing vertical transmission [2]. According to the Italian legislation (Decreto Ministeriale 10/09/1998) [3] all the pregnant women should be tested in the first trimester. Several factors (e.g., maternal infection stage, gestational age, and maternal treatment) contribute to the different manifestations of congenital syphilis. Infected infants can be asymptomatic or can show subtle and insidious findings or multiple-organ involvement. Even asymptomatic newborns can develop early or late postnatal manifestations [4]. Few cases, like the one described here, present the typical features of symptomatic congenital syphilis with cutaneous manifestations, bone lesions, and prematurity.

2. Case Presentation

In January 2009 a woman from Romania, in her 31st week of gestational age, was admitted to the obstetric department of

our hospital for preterm delivery. She gave birth, by cesarean section, to a female weighing 1881 g, with an Apgar score of 7 after 1 min and 9 after 5 mins.

At birth, on physical examination cutaneous lesions were evident, consisting of a maculopapular rash and blisters on the arms and legs with superficial desquamation particularly on the palms and soles (Figure 1).

The baby was immediately transferred to our Neonatal Intensive Care Unit (NICU). At the admission in NICU she was given nCPAP because of respiratory distress that was continued for 24 hours. A lumbar puncture was performed; the CSF was characterized by 18 leukocytes, 84 mg/dL protein, and 36 mg/dL glucose; CSF TPHA (1/80 titre) and Treponema pallidum IgG western blot (WB) were both positive, as well as VDRL and T. pallidum PolA PCR. Haematochemical investigations showed an increase in leucocyte number (27.440/microl, N 36.1%, L 42.1%) and C reactive protein (CRP) levels (16 mg/dL, normal value < 0.8 mg/dL) with normal haemoglobin, red blood cell, and platelet count; tests of liver and kidney function were also normal. The newborn syphilis serology showed positive RPR (1/32 titre), T. pallidum IgM WB [5], and TPHA (titre > 1/640).

The limited extension of the left knee was suggestive for long-bone lesions; indeed, the radiographic examination showed signs of osteochondritis and periostitis at

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TABLE 1: Infant's characteristics at birth and follow-up visits.

	Birth	1 month	2 months	3 months	5 months	6 months	8 months	12 months	18 months
Syphilis serology									
TPHA	> 1/640	1/640	1/640	1/320	1/320	1/320	1/320	1/320	1/320
RPR	1/32		1/4	1/2	1/1	Negative	Negative	Negative	Negative
WBIgG	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive
WB IgM	Positive	Positive	Positive	Negative	Negative	Negative	Negative	Negative	Negative
Lumbar puncture									
VDRL	1/80					Negative			
TPHA	Positive					Negative			
WBIgG	Positive					Negative			
WBIgM	Positive					Negative			
	Signs of osteochondritis								
Radiographic examination	and periostitis at metaphyseal level								
Brain MR	/_ I		Normal						
Cerebral US	Adequate for gestational	Normal		Normal	Normal	Normal			
EEG	age Normal		Normal						
Heart US	Normal								
Eye examination	normal	Normal		Normal					
Apgar score	7 after 1 min; 9 after 5 mins								
Weight	1881 g	2240 g	3680g	4500 g	5900 g	6200 g	20067	9500 g	$10800\mathrm{g}$
Length	42 cm	46.5 cm	51 cm	55 cm	59 cm	61 cm	65 cm	71 cm	79 cm
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FIGURE 1: Typical blistering skin lesions on the soles of feet in the case described.

metaphyseal level (Figure 2). Cerebral US, EEG, heart US, and eye examination were normal.

The maternal history revealed that she received no antenatal care and she had been investigated for syphilis only few days before (TPHA > 1/640, reactive RPR test, with a titre of 1/16).

Despite positive serology, there was no time for adequate treatment because she had preterm unstoppable labour.

The newborn was treated with i.v. aqueous crystalline penicillin G for 14 days, Amikacine for 10 days, and IgMenriched immunoglobulins for 3 days.

After discharge the baby was enrolled in a clinical and serological followup.

Brain MR, performed at 2 months of life, was normal; psychomotor development at 2 and 8 months of life was adequate for the age. The lumbar puncture performed at 6 months of life showed negative treponemal and non-treponemal tests on CSF. At her last examination (18 months of life) RPR turned negative while *T. pallidum* IgG WB and TPHA (1/320 titre) were still positive; she had a normal growth (length 50th pc, weight 50th pc).

In Table 1 the baby's characteristics at birth and followup visits are summarized.

3. Discussion

This paper presents the typical features of symptomatic congenital syphilis with cutaneous manifestations, bone lesions, and prematurity. Diagnosis of CS is often difficult because children are usually asymptomatic at birth and prematurity may be the only clinical manifestation. In our previous papers [1, 6], we reported 6 cases of congenital infection; two out of these six infants had a positive VDRL test in CSF, another one presented long bone lesions at X-ray examination, whereas the remaining 3 newborns were preterm (GA: 26 weeks, 28 weeks, and 31 weeks). All newborns had positive IgM at WB assay. Since the beginning of 21th century, the present case has been the only one in our hospital with cutaneous lesions evident at birth, reminding us of images seen in old infectious diseases textbooks. Recognition of CS can be difficult, first, as a result of lacking





FIGURE 2: X-ray examination of the long bones of the case described.

experience in clinicians and, second, due to the nature of the disease as the "great imitator," therefore often presenting with nonspecific clinical signs and symptoms. In a recent paper of Tridapalli et al. [7] data from a multicenter Italian study have been reported in order to evaluate the incidence of congenital syphilis. Eight out of the twenty-five infected babies presented clinical signs at birth, but very few presented typical skin lesions.

The case described in the present paper occurred in a woman from Eastern Europe, confirming that in our country syphilis serum prevalence in pregnant women is strongly related to migration flows from endemic countries [1, 6, 7]. We can affirm that a correct antenatal syphilis screening is of primary importance to identify serum-positive women and to assure adequate treatment to prevent the risk of vertical transmission [6–8].

Abbreviations

Brain MR: Brain magnetic resonance
Cerebral EEG: Electroencephalogram
Cerebral US: Cerebral ultrasonography
CRP: C reactive protein
CS: Congenital syphilis
CSF: Cerebral spinal fluid

nCPAP: Nasal continuous positive airway pressure

Heart US: Heart ultrasonography IgG: Immunoglobulin G IgM: Immunoglobulin M

i.v: Intravenous

NICU: Neonatal intensive care unit PCR: Polimerase chain reaction RPR: Rapid plasma reagin

TPHA: Treponema pallidum haemoagglutination

assay

VDRL: Veneral disease research laboratory

WB: Western blot.

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