

RECOMBINANT rat interferon γ stimulated the contractility of isolated rat ileum at doses of 4–12 units/ml. Muscarinic cholinergic receptors were involved, as treatment of the tissue with atropine prevented the contractile response of the ileum. Furthermore, interferon γ increased the affinity of carbachol for the cholinergic receptors and did not change its maximum effect. Neurogenic pathways were also involved since pretreatment of ileum with hexamethonium, hemicholinium or tetrodotoxin impaired the contractile effect of interferon γ . In contrast to the action of exogenous carbachol, the effects of interferon γ are indirect. They appear to involve a G protein regulating phosphoinositide turnover and cytoskeletal structures since they could not be induced in ileum strips that were pretreated with pertussis toxin, phospholipase C inhibitors (2-nitro-carboxyphenyl, *NN*-diphenyl carbamate and neomycin), cytochalasin B or colchicine.

Key words: Cytokines, Cytoskeleton, G Proteins, IFN γ , Intestine, Pertussis toxin, Phosphoinositides

Cholinergic activation subserving the effects of interferon gamma on the contractility of rat ileum

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Introduction

Interferon gamma (IFN γ) is a glycoprotein with antiviral activity that is involved in a variety of immunoregulatory processes.¹ In addition to its effects on immune cell function, it can modulate smooth muscle² and intestinal epithelial cell growth.³ IFN γ is known to induce HLA class II antigen expression on endothelial cells,⁴ smooth muscle cells⁵ and enterocytes,⁶ and this could be important for the induction of an autoimmune or inflammatory response.⁷ The intestine normally contains abundant IFN γ -producing T-lymphocytes, and IFN γ release may occur locally and increase after antigen challenge.⁸ Through its action on tight junction permeability it could affect intestinal epithelial cell contacts⁹ and/or influence the function of the gut by modifying electrolyte transport.¹⁰

Recently we have shown that recombinant rat IFN γ interacts with isolated rat atria, mimicking the action of a muscarinic cholinergic agonist. Thus, incubation of rat atria with IFN γ decreased tension and cAMP synthesis and increased cGMP production.¹¹ In this study we investigated if IFN γ could also alter the mechanical behaviour of the intestine.

Our results suggest that IFN γ imitates the action of carbachol, a muscarinic cholinergic agent, inducing the contraction of isolated rat ileum. In contrast to the exogenously added agonist carbachol, the effects of IFN γ on ileum also involve a nerve-mediated pathway and are indirect. They require the integrity of the cytoskeleton and involve a regulatory G protein, indicating that IFN γ reaction with the cholinergic receptor is complex and probably involves common signalling pathways.

Material and Methods

Drugs and reagents: Recombinant rat interferon γ (rIFN γ) was purchased from AMGEN Biologicals (CA, USA). Stock solutions containing 10⁷ units/ml were prepared and stored in aliquots at -70°C until used. Fresh dilutions were prepared immediately before use. Blocking experiments with monoclonal anti-rat IFN γ (M anti-IFN γ , Amgen Biologicals, CA, USA) were performed by preincubating rIFN γ (1 000 U/ml) with an equal volume of M anti-IFN γ (10 000 U/ml) during 30 min at 37°C. According to the providers (Amgen Biologicals) the activity of IFN γ (units/ml) was defined by an antiviral assay whereas one unit of M anti-IFN γ was the amount of antibody sufficient for neutralization of one unit of rat IFN γ antiviral activity. The reaction mixture was used thereafter, adjusting the dilution to achieve the final concentration desired in the organ bath. Carbachol, hexamethonium, hemicholinium, tetrodotoxin, 2-nitro-carboxyphenyl, *NN*-diphenyl carbamate (NCDC), neomycin, cytochalasin B, colchicine, pertussis toxin and atropine were obtained from Sigma (St Louis, MI).

Isolated ileum preparations: Ileum strips were obtained from male albino rats of the Wistar strain weighing between 200–250 g. The animals were sacrificed by decapitation and after excision of the abdomen coat, the ileum fragments were carefully dissected. They were placed in Petri dishes filled with a modified Krebs–Ringer-bicarbonate (KRB) solution.¹¹ The ileum was opened longitudinally and small portions (~1 cm long) were used. The ileum preparations were mounted in an organ bath containing 15 ml of KRB solution gassed with 5% CO₂ in oxygen and kept at 37°C and pH 7.4. One end of the

tissue was anchored to a stationary glass-holder and the other was connected to a force transducer (Stathan UC3 Gold Cell) coupled to an ink-writing oscillograph (San Ei 180). A constant resting tension of 750 mg was applied to the tissue preparations by means of a micrometric device. Only ileum strips that presented spontaneous contractions were used and the isometric developed tension (in mg) was recorded. Preparations were allowed to equilibrate for 20 min. The contractile tension recorded at this moment (before delivering IFN γ or the drugs) was considered the initial control. These tension values (expressed in mg) were obtained by measuring the amplitude of all the contractions recorded over a 10 min period and calculating their mean value. These initial magnitudes were compared with the experimental values and the variations induced by IFN γ or drugs were expressed as percentage changes with respect to the initial control. The control values of tension at the end of equilibrium and before the addition of IFN γ or drugs was: 200 ± 18 mg ($n = 50$). Concentration-response curves were constructed according to van Rossum.¹² Single doses were delivered in volumes of 0.01 to 0.025 ml of an appropriate isotonic solution. The total amount of vehicle added to the bath never exceeded 0.25 ml. The time interval between doses was that needed by each dose to produce a maximum effect. Atropine, hexamethonium, hemicholinium, tetrodotoxin, pertussis toxin, neomycin, cytochalasine B, colchicine or NCDC were added to the organ bath 30 min before delivering IFN γ or carbachol. At the concentrations used, these drugs did not alter the baseline.

Results

IFN γ induced a concentration-dependent increase in the contractile activity of isolated ileum. An original tracing showing the pattern of stimulation is shown in Fig. 1. The stimulatory effect of IFN γ developed gradually, reaching a plateau at 5–10 min. For this reason the ileum was exposed for a period of 8–10 min to each concentration (Figs 1 and 2A). The stimulatory effect of IFN γ lasted for 30–40 min (data not shown). Preincubation of IFN γ with M-anti-IFN γ prevented the reaction (Fig. 2A). To determine whether cholinergic receptors were involved in the action of IFN γ , ileum strips were incubated for 30 min with 10^{-6} M atropine before exposure to IFN γ . As shown in Figs 1 and 2A, the positive effect of IFN γ was antagonized by atropine in a non surmountable manner. On the other hand, Fig. 2B shows that atropine antagonized the action of carbachol shifting the dose-response curve to the right (Fig. 2B). Moreover, IFN γ potentiated the action of carbachol by increasing the affinity of the cholinergic receptor for its agonist (carbachol) while the maximum effect (E_{max}) remained unchanged (Table 1). To determine if the

cholinergic IFN γ effect was nerve mediated, hexamethonium (10^{-6} M), hemicholinium (2×10^{-5} M) and tetrodotoxin (5×10^{-7} M) were used as inhibitors. Figure 3A shows a significant reduction of the stimulatory effect of IFN γ when the ileum was preincubated either with the inhibitor of nicotinic cholinergic receptors (hexamethonium) or with the acetylcholine (ACh) synthesis inhibitor (hemicholinium). Likewise, tetrodotoxin, an inhibitor of propagated action potentials, reduced the response of the ileum segment to IFN γ . In contrast, these agents did not modify the response to exogenous carbachol (Fig. 3B). To ascertain whether G regulatory proteins participated in the muscarinic cholinergic action of IFN γ , the ileum strips were treated with pertussis toxin.¹³ The results shown in Fig. 4A demonstrate that the stimulatory effect of IFN γ was abrogated by pertussis toxin. In contrast the mechanical response of pertussis toxin-treated tissue to carbachol remained unchanged (Fig. 4B). At least one pathway of cholinergic receptor-triggered phosphoinositide is regulated by pertussis toxin-sensitive G proteins that control activation of phospholipase C. To determine if phospholipase C was involved in the cholinergic action of IFN γ we performed experiments in which the phospholipase C activation was inhibited by NCDC¹⁴ or neomycin.¹⁵ The results of Fig. 4A demonstrate that incubation of ileum with NCDC at a concentration of 10^{-6} M, which is known to inhibit phospholipase C activity,¹⁴ prevented the effect of IFN γ . On the other hand, NCDC did not alter the inotropic effect of carbachol (Fig. 4B). The same results were obtained preincubating ileum with 10^{-6} M neomycin (data not shown). In order to study if cytoskeletal structures were involved in the cholinomimetic action of IFN γ , ileum strips were incubated with the microtubule disrupting agent colchicine, or with cytochalasine B to prevent microfilament polymerization. As shown in Fig. 5A, both colchicine (10^{-6} M) and cytochalasine B (3×10^{-6} M) impaired the stimulatory action of IFN γ . In contrast, neither agent modified the response to carbachol (Fig. 5B) or altered the baseline.

Discussion

Although most studies on IFN γ activity have focused on the regulation of the immune response, its biological effects are pleiotropic. Many classes of cells bear specific IFN γ receptors and respond to IFN γ binding in different ways.^{16–18} We have recently shown that IFN γ triggered metabolic pathways in isolated atria that are considered typical of cholinergic receptor stimulation.¹¹

In this study we demonstrate that IFN γ can increase the contractile activity of isolated rat ileum (Figs 1 and 2A). This effect was specific for IFN γ because

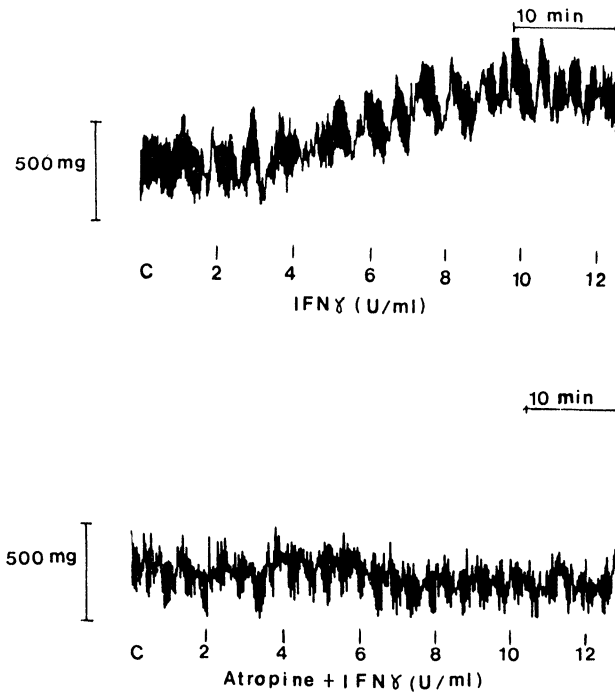


FIG. 1. Original tracings showing the positive inotropic effect recorded from spontaneously contracting rat ileum in the absence (upper panel) or in the presence (lower panel) of 10^{-6} M atropine (30 min preincubation) after addition of 2–12 units/ml IFN γ ; C: basal values before addition of IFN γ .

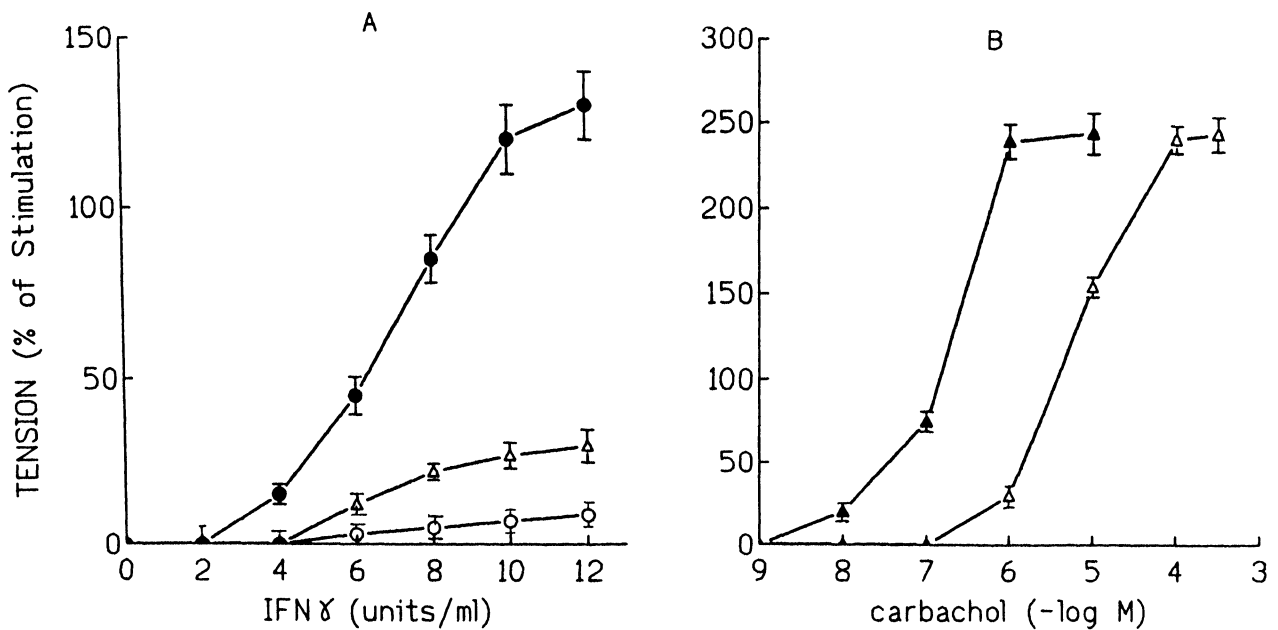


FIG. 2. Effects of IFN γ and carbachol on isolated ileum. Dose-response curves of: (A) IFN γ (units/ml) (●-●) or (B) carbachol (-log M) (\blacktriangle - \blacktriangle) were constructed on spontaneously contracting rat ileum or ileum that was preincubated with 10^{-6} M atropine (\triangle - \triangle) for 30 min before addition of the reagents. The action of IFN γ neutralized with M anti-IFN γ (O - O) was also assayed. Basal values of tension: 200 ± 18 . The results (mean \pm SEM) of 12–15 experiments are shown.

Table 1. Potentiation of the contractile effect of carbachol by IFN γ

Additions	E _{max} (mg)	Kd (10 ⁻⁹ M)	n
Carbachol	680 ± 40	15.0 ± 1.2	8
Carbachol + IFN γ	782 ± 62	2.0 ± 0.2*	5

Ileum strips were exposed to different concentrations of carbachol in the absence or in the presence of 2.0 units/ml IFN γ . E_{max}: maximum effect of carbachol; Kd: effective concentration of carbachol causing 50% of the maximum response. Basal values: 198 ± 15 mg tension; IFN γ alone: 205 ± 15 mg. Values are mean ± SEM. *n* represents the number of experiments. Statistical differences, carbachol vs. carbachol + IFN γ , * *p* < 0.001, Student's *t*-test.

pretreatment with M anti-IFN γ prevented the action of IFN γ . The contractile response to IFN γ involved muscarinic cholinergic receptors, since incubation of the ileum strips with atropine inhibited the reaction in a non-competitive manner. Furthermore, preincubation of the gut with subthreshold doses of IFN γ potentiated the action of carbachol increasing the affinity of the cholinergic receptors without alteration of the maximum effect (Table 1). It is noteworthy that the doses of IFN γ required to stimulate ileum tension, and the times of exposure of the tissue to IFN γ , are well below those reported for its action on epithelial cell lines.^{9,10} Because IFN γ enhances the fragility of the intestinal epithelial cell barrier, increased peristalsis could facilitate damage of the intestinal function due to the loss of resistance to mechanical stress.⁹ The contractile effects of IFN γ appear to be mediated by muscarinic cholinergic mechanisms. However, the effect of IFN γ was impaired by preincubation of the

tissue with a nicotinic antagonist (hexamethonium). In contrast to the action of exogenous carbachol at the concentrations used, the contractile effect of IFN γ was shown to involve both myogenic and neurogenic pathways. Nicotinic receptors may be activated directly by IFN γ or indirectly by IFN γ acting on preganglionic nerves or cholinergic interneurons to induce a release of endogenous AcCh, as hemicholinium opposes its action. However, it could be that IFN γ activates cholinergic interneurons which release AcCh to act on nicotinic postsynaptic cholinergic receptors; these in turn, could stimulate the release of AcCh to act on smooth muscle receptors. IFN γ induced firing of propagated action potentials, as tetrodotoxin impaired its activity. Nevertheless, as the inhibitory action of tetrodotoxin was only partial, a direct effect of IFN γ on the smooth muscle could also be suggested. Therefore, the interactions of IFN γ with the cholinergic pathways of signal transduction appear to be complex. G proteins could be a link between IFN γ and the metabolic pathways triggered by muscarinic cholinergic stimulation. Muscarinic cholinergic receptors (mAChR) belong to the family of receptors that are coupled to GTP-binding regulatory proteins (G proteins).¹⁹ A single mAChR can activate more than one type of G protein to regulate several signal transduction pathways.¹⁹ Thus, events that follow muscarinic agonist binding to mAChR can be the result of pertussis toxin sensitive or insensitive G protein coupled pathways.^{20,21} Our results (Fig. 4A) demonstrate that a G regulatory protein is involved in the interaction be-

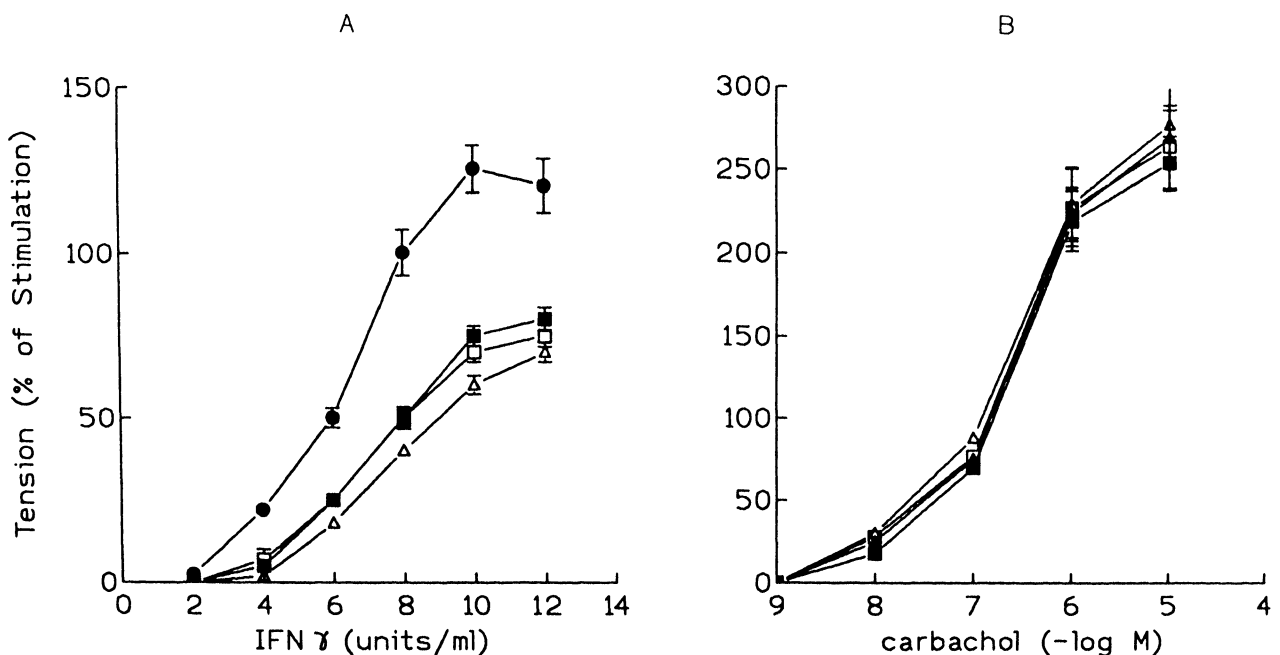


FIG. 3. Participation of the nicotinic cholinergic pathway in the action of IFN γ on rat ileum. Dose-response curves of: (A) IFN γ (●-●) or (B) carbachol (▲-▲) were done on ileum incubated in KRB or preincubated during 30 min with hexamethonium (10⁻⁶ M) (■-■), hemicholinium (2 × 10⁻⁵ M) (□-□) and tetrodotoxin (5 × 10⁻⁷ M) (△-△). The results are the mean ± SEM of six experiments.

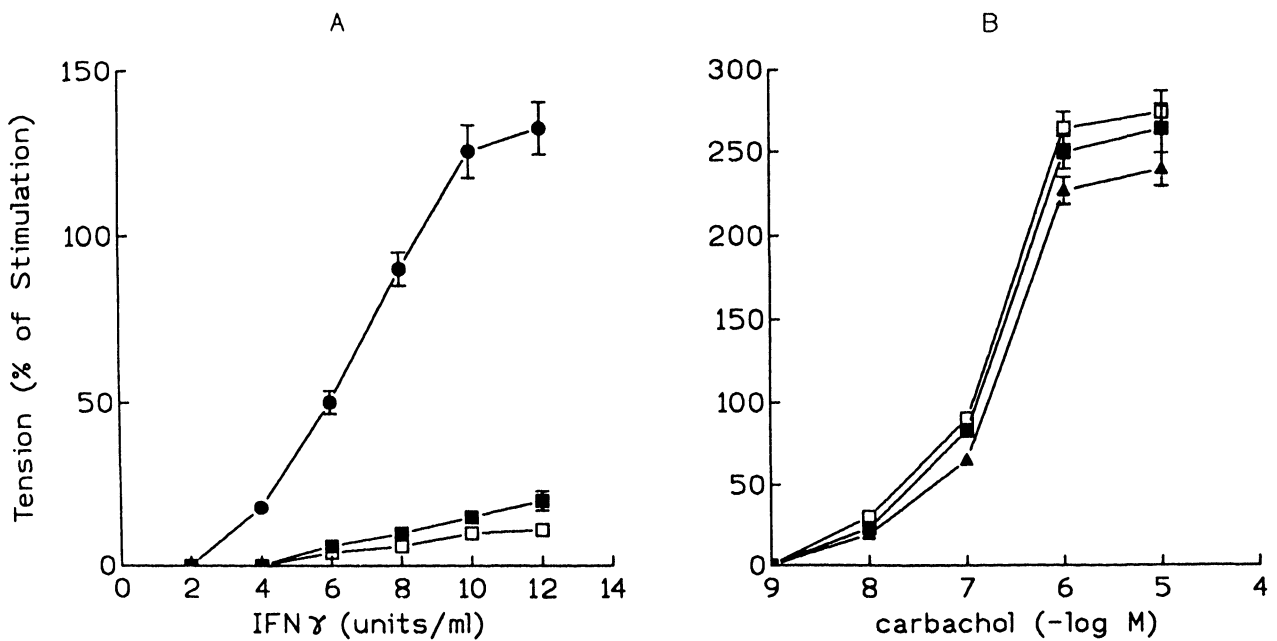


FIG. 4. Participation of G proteins and phosphoinositide hydrolysis in the action of IFN γ on rat ileum. Dose-response curves of: (A) IFN γ (●-●) or (B) carbachol (▲-▲) were done on ileum incubated in KRB or preincubated during 30 min with 0.5 μ g/ml pertussis toxin (\square - \square) or 10^{-8} M NCDC (\blacksquare - \blacksquare). The results are the mean \pm SEM of eight experiments.

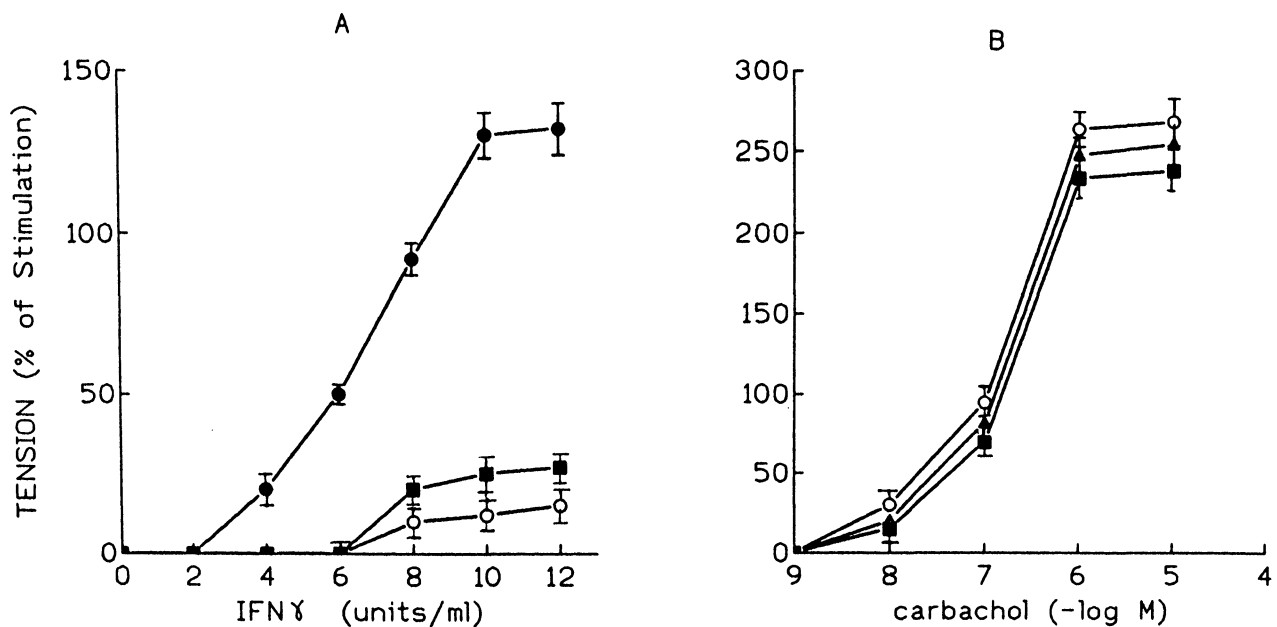


FIG. 5. Participation of the cytoskeleton in the contractile effect of IFN γ on rat ileum. Dose-response curves of: (A) IFN γ (●-●) or (B) carbachol (▲-▲) were done on ileum incubated in KRB or preincubated during 30 min with 10^{-6} M colchicine (O-O) or 3×10^{-6} M cytochalasin B (\blacksquare - \blacksquare). The results are the mean \pm SEM of seven experiments.

tween IFN γ and the cholinergic system in the intestine, as pertussis toxin treatment of the tissue prevented the reaction. This contrasts with pertussis toxin insensitivity of the carbachol-induced stimulatory effect in the same experimental system (Fig. 4B), suggesting that G protein insensitive pathways predominate in the contractile effect of carbachol. Cholinoceptor activation is associated

with phosphoinositide (PI) turnover through phospholipase C activation¹³ and smooth muscle contraction can be induced by inositol triphosphate (IP₃) resulting from PI hydrolysis.²² Therefore, we tested if inhibition of phospholipase C could interfere with the cholinomimetic effect of IFN γ on the intestine. Our results demonstrate that PI turnover is required for the development of the IFN γ contractile

effect, as NCDC or neomycin treatment of the ileum strips abolished the reaction (Fig. 4A). Again, the stimulatory action of carbachol was insensitive to phospholipase C inhibition (Fig. 4B), indicating that different metabolic pathways resulting in similar mechanical effects may be followed by IFN γ and carbachol. Many reactions mediated by G proteins share common features.²³ Tubulin, a main component of the cytoskeleton, has a GTP binding site and GTPase activity, that are necessary for the polymerization of the microtubules.²³ To determine if the cytoskeleton was involved in the reaction triggered by IFN γ on the ileum, we studied the effect of drugs that interfere with cytoskeletal function (cytochalasin B to prevent microfilament polymerization and colchicine for microtubule disruption) (Fig. 5A and B). While carbachol stimulated contractility under these conditions, IFN γ was ineffective. Thus, the cytoskeleton is probably acting as a link between IFN γ and mAChR. A fundamental role for the cytoskeleton in the maintenance of the barrier function of epithelial cells has been proposed.^{24,25} Direct effects of IFN γ on F-actin distribution have been demonstrated on vascular endothelial cells¹⁸ and in intestinal epithelial cells subtle changes in cytoskeletal rearrangement were observed.⁹ However, the amount of IFN γ necessary to obtain these effects was 100 times higher than the dose used to enhance contractility in this study.

In summary, we have shown that IFN γ can trigger the mechanical response of isolated ileum. This is the consequence of a complex and indirect interaction between IFN γ and the cholinergic pathway that involves neurogenic and myogenic pathways, the cytoskeleton, pertussis sensitive G regulatory proteins and PI turnover.

The participation of the gut mucosal immune system in the regulation of intestinal function has been demonstrated.²⁶ In the normal gut there is a balance in the cytokine network. Under inflammatory conditions or chronic antigenic stimulation at the local level, this balance is disrupted.²⁷ Lymphokines produced by T-lymphocytes could synergize or antagonize the effects of neurotransmitters or other cytokines^{11,28} and thus influence the inflammatory response of the intestine. Thus, the contractile effects of IFN γ described in this study could play a role in chronic inflammatory bowel diseases or in HIV diarrhoea, when the balance of the local immune system is disturbed.²⁹

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